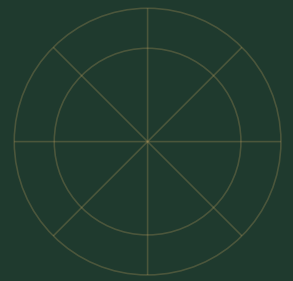




Blessings
 TELEHEALTH SERVICES LLC
Caring for what matters most.



TWO PRACTICES · ONE TRUSTED TEAM · NY & PA

Whole-family care, *end to end.*

From in-home personal care to marriage & relationship coaching — one trusted team, two distinct practices, serving families across New York and Pennsylvania.



LED BY

Blessing Adjei & The Blessings Care Team

CEO · FOUNDER · NURSE · COACH · CRISIS SPECIALIST

God-send. — SKYE D., CLIENT

FOR FAMILIES NEEDING CARE

Personal Care *Services.*

- **Daily Living Assistance**
Bathing, grooming, mobility, meals.
- **Virtual Wellness Visits**
Scheduled video check-ins.
- **Medication Management**
Reminders, refills, oversight.
- **Companionship & Engagement**
Conversation, walks, presence.
- **Light Housekeeping & Meals**
Tidying, laundry, fresh meals.
- **Family Care Coordination**
One manager, all your providers.

\$28–\$36/hr · Medicaid & LTC accepted

FOR COUPLES & INDIVIDUALS

Marriage & Relationship *Coaching.*

- **Couples & Marriage Counseling**
Repair, reconnect, rebuild trust.
- **Premarital Coaching**
Hard conversations before the wedding.
- **Individual Coaching**
When one partner is ready first.
- **Faith-Integrated Sessions**
Scripture as guide, never weapon.

*"I feel like she saved my marriage
 in the span of an hour."*

— SKYE D., CLIENT

Free discovery call · Sliding scale available

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FREE 30-MINUTE CONSULTATION

(518) 588-1048

No commitment. No sales pitch. Just an honest conversation.

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